



# *New Enrolling*

Looking to start a career in massage therapy?  
You have come to the right place!

Our Massage program prepares the student for a career in the Massage & Spa Industry.

Our enthusiastic staff is caring & highly trained.



## Massage Therapy Certification Program



500 Hours



Our program provides high-quality, affordable training for therapeutic massage certification while supporting student's personal growth.

## **Healing Arts Institute LLC**

*School of Massage Therapy*

211 Demers Ave Suite #1, EGF MN

egfhealingarts@gmail.com

egfmassage.com





Healing Arts Institute LLC  
211 Demers Ave Suite #1  
East Grand Forks, MN 56721  
[www.egfmassage.com](http://www.egfmassage.com)  
218-399-1011

## *The Healing Power of Touch*

Welcome to the Massage Therapy Program at Healing Arts Institute LLC. Our program provides high-quality, affordable training for therapeutic massage while supporting student's personal growth as they prepare for a role in the healthcare or spa industries.

Healing Arts Institute's Massage Therapy Program is located at Q W Wellness 211 Demers Ave (Riverwalk Mall) downtown East Grand Forks, MN.

Our enthusiastic staff is caring & highly trained. Healing Arts Institute is certified through the National Certification Board of Therapeutic Massage and Bodywork.





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## *Massage Program Objectives*

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- ❖ Provide a working knowledge of the structure and function of the human body and how it is affected by massage

The Massage Therapy Program at Healing Arts Institute is specially designed to not only teach hands on techniques of massage and spa work, but to also prepare students to be professionals in the healthcare or spa industries.

- ❖ Offer training in massage therapy and spa modalities
  - ❖ Guide students in developing optimal work habits and safe practices
  - ❖ Develop professional standards and commitment to ethics
  - ❖ Teach effective communication skills for use with clients and other healthcare professionals
  - ❖ Equip graduates to operate within the massage industry
- Please note: Licensure and regulations vary state to state



# *Curriculum at the Healing Arts Institute*

## *Massage Therapy Program*

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### **500 Hour Massage Program**

**Here is a detailed breakdown of the Massage Therapy Program at the Healing Arts Institute EGF MN**

**Therapeutic Massage** – 200 Hours – Provides comprehensive academic instruction in the theory of massage therapy, supervised hands-on instruction in massage and bodywork assessment, and application instruction as well as practical skills training such as Palpation, Body Mechanics, Draping, Swedish Massage Techniques, Deep Tissue Techniques, Integrated Massage Techniques and how each affects the physiology of the body. This section also includes the Massage Student Clinic during which the students demonstrate massage on instructors, other students and the public to better prepare them for their future massage practice.

**Anatomy & Physiology** – 90 Hours – Students learn the structures and functions of each body system and the mechanisms that control these functions. This information is an essential part of massage therapy training because it will greatly enhance your ability to use appropriate precaution when giving massages and will reinforce your understanding of the physiological effects of massage therapy.

**Kinesiology** – 35 Hours - Kinesiology is the study and the detailed understanding of how the human body works, moves and responds to mental messages. This will include origins, insertions, and actions.

**Pathology** – 40 Hours - Pathology is the study of the nature and causes of disease. Since the number of pathologies we humans may encounter is practically limitless, we focus on pathologies that are specific to massage therapy. Thus we can judge whether our work is appropriate for the client. This knowledge allows us to create safety, trust and credibility with our clients.

**Massage Basic Knowledge** – 65 Hours – This portion of the massage program will address: Contra-indications, Benefits of Massage, Universal Precautions, , Legalities of Massage, Professional Standards of Draping and Modesty, History of Massage.

**Allied Therapies and Spa Services** - 50 hours - Hydro Therapy, Aroma Therapy, Body Wraps, Exfoliating Scrubs, Hot/Cold Stone Therapies, Warm Bamboo Massage, Massage Cupping, Reflexology, Acupressure, Thai Massage, Energy balancing, Therapeutic Stretching & Sports Massage, and Chair Massage.

**First Aid, Hygiene & CPR** – 10 Hours - First Aid, Hygiene, CPR, and Safety as a Massage Therapist.

**Ethics** – 6 hours – The Standards of Practice and Code of Ethics provide Massage Therapists with clear directions in a comprehensive document from which they can obtain guidance on how well they are expected to perform their various tasks within the Scope of Practice.

**Business Practices** – 4 hours – This course will prepare the student to go out and start their career in the massage industry. Learn the different types of massage employment and write a professional resume.





## Healing Arts Institute LLC

211 Demers Ave Suite #1  
East Grand Forks, MN 56721

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### Class Schedule

#### Massage Program Schedule:

**9:00am - 2:00pm Mondays, Wednesdays & Fridays**

**Class start date: February 5<sup>th</sup> 2023**

**Completion dates will vary from student to student due to student clinic hours, work study, storm days, etc.**

**Please note: This program is designed for MN. Requirements are different for nearly every state. Please look into requirements of your state if looking to practice in a different state.**

### *No-School Holiday List*

Thanksgiving Day

Winter Break

Spring Break

Summer Break

## Admission Requirements & Procedures

- At least 18 years of age (or turn 18 early into the program)
- In physical condition to perform and receive massage therapy
- Free of contagious disease
- Submit application with application fee of \$75
- Schedule an interview with the program coordinator (Garrett) at 218-399-1011
- Submit official high school or college transcripts or GED certificate
- Submit to background check if requested
- Submit proof of TB test if requested
- Receive a professional massage before the start of class.
  - Contact the program coordinator for referral if needed or if you have questions about requirements





Healing Arts Institute LLC

# Healing Arts Institute LLC Massage Therapy Program

Complete application in detail, sign, and return to  
211 Demers Ave Ste 1, East Grand Forks, MN 56721

\_\_\_\_/\_\_\_\_/\_\_\_\_      \_\_\_\_\_      \_\_\_\_\_      \_\_\_\_\_      \_\_\_\_\_  
Date      Name (Last)      (First)      (Middle)      Male / Female  
Gender

\_\_\_\_\_  
Address (Street)      (City)      (State)      (Zip Code)      Primary Phone #

\_\_\_\_\_  
Social Security Number      \_\_\_\_/\_\_\_\_/\_\_\_\_      \_\_\_\_\_      \_\_\_\_\_  
Birth Date      Secondary Phone #      Applicants Place of Birth?

How did you hear about this program? \_\_\_\_\_

**Person to contact in case of emergency (Parent, Guardian, Etc.)**

\_\_\_\_\_  
Name (Last)      (First)      (MI)      Relation to you      Primary Phone #

\_\_\_\_\_  
Address (Street)      (City)      (State)      (Zip Code)      Secondary Phone #

**Personal Reference**

**Professional Reference**

\_\_\_\_\_  
Name

\_\_\_\_\_  
Name

\_\_\_\_\_  
Address

\_\_\_\_\_  
Address

\_\_\_\_\_  
City      State      Zip Code

\_\_\_\_\_  
City      State      Zip Code

\_\_\_\_\_  
Primary Telephone      Secondary Telephone

\_\_\_\_\_  
Primary Telephone      Secondary Telephone

Have you ever been convicted of a crime? (Do not include minor traffic violations) \_\_\_\_\_

If "Yes" Please explain: \_\_\_\_\_

Have you had any contagious diseases in the last two years? \_\_\_\_\_

If "Yes" Please explain: \_\_\_\_\_

\_\_\_\_\_  
Name of high school from which graduated or are you currently attending

\_\_\_\_\_  
Graduation Date

\_\_\_\_\_  
Address (Street)

\_\_\_\_\_  
(City)

\_\_\_\_\_  
(State)

\_\_\_\_\_  
(Zip Code)

\_\_\_\_\_  
If applicant's high school records were maintained under a name other than listed on front, state name used in high school.

\_\_\_\_\_  
Name of School

\_\_\_\_\_  
Attended from/to

\_\_\_\_\_  
Degree of Certification

\_\_\_\_\_  
Name of School

\_\_\_\_\_  
Attended from/to

\_\_\_\_\_  
Degree of Certification

\_\_\_\_\_  
Please list any previous experience in the health related field: (Please be concise and use additional paper if needed)

\_\_\_\_\_  
Why do you want to become a massage therapist?

\_\_\_\_\_  
After completing this application, I have re-read it and state that all questions have been answered and all information is true.

\_\_\_\_\_  
Applicant's Signature

\_\_\_\_\_  
Date

Do not write below this line

\_\_\_\_\_  
Application Reviewed by

\_\_\_\_\_  
Date

\_\_\_\_\_  
Accepted by

\_\_\_\_\_  
Date

\_\_\_\_\_  
Comments:





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### Massage Therapy Program Costs



\$20/ Credit Hour

Massage Therapy Program:  
500 Hour Program: \$10,000

Payment plans available; Contact program coordinator for details

New – Student Loans now available with flexible payment options

*(Note: This Program is designed for Minnesota Licensure)*

#### Ask about adding a Massage Starter Kit

*Great for practicing at home and starting out in business 😊*



Massage Table, Fleece cover, 1 set of sheets, 1gal Lotion & Holster with pump.

# Refund Policy

- For applicants who cancel *within three (3) business days* after signing the enrollment agreement or at least 1 week prior to start of 1<sup>st</sup> class, all monies will be fully refunded minus the application fee
- After the first day of class, the application fee and enrollment agreement fee are *non-refundable*.
- Students withdrawing within the first four (4) days of class will receive a refund of 100 percent of tuition paid to date minus the application and enrollment fees.
- Students withdrawing after class night four (4), but before class day twenty-eight (28), will receive a full refund minus \$50 per night of class that has already occurred, the application and enrollment fees.

